



January

Lunch



QUEST SCHOOL - LITTLE ROCK

Monday	Tuesday	Wednesday	Thursday	Friday
January 2, 2017	January 3, 2017	January 4, 2017	January 5, 2017	January 6, 2017
NO SCHOOL	CHICKEN TENDERS WITH POTATO WEDGES Mixed Vegetables Pineapple Tidbits Orange Sorbet 100% Juice BBQ Sauce Ketchup Breadstick Choice of Milk	BBQ CHICKEN Hamburger Bun Diced Carrots Maple Baked Beans Applesauce Cup Grape Juice Choice of Milk	MACARONI & CHEESE Broccoli SunSet Sip Juice Diced Peaches Pineapple Tidbits Chocolate Chip Minis Choice of Milk	CHEESEBURGER Hamburger Bun Whole Kernel Corn Pickle Chips Blended Fruit Juice Mixed Fruit Cup Mustard Ketchup Choice of Milk
January 9, 2017	January 10, 2017	January 11, 2017	January 12, 2017	January 13, 2017
POPCORN CHICKEN French Fries Maple Baked Beans Diced Peaches Blended Fruit Juice Ketchup BBQ Sauce Multi Grain Sun Chips Choice of Milk	TOASTY TUESDAY** TOASTED CHEESE SANDWICH ON WHOLE WHEAT BREAD Tomato Soup Garden Vegetables Diced Pears Apple Juice Choice of Milk	TACO SCOOPS Tortilla Chips Whole Kernel Corn Salsa Cup Fresh Orange Grape Juice Vanilla Cookie Choice of Milk	HOT DOG WITH POTATO ROUNDS Hot Dog Bun Diced Carrots Fresh Apple Mustard Ketchup (2) Raspberry Cookies Choice of Milk	PEPPERONI PIZZA WRAP Fresh Baby Carrots Fresh Broccoli Light Ranch Dressing (2) Fresh Pear Blended Fruit Juice Choice of Milk
January 16, 2017	January 17, 2017	January 18, 2017	January 19, 2017	January 20, 2017
MARTIN LUTHER KING JR.	PIZZA DIPPERS Marinara Dipping Sauce Garden Vegetables Grape Juice Mixed Fruit Cup Choice of Milk	*SPECIAL MEAL* CHICKEN DRUMSTICK W/POTATO ROUNDS Green Beans Fresh Baby Carrots Fat Free Ranch Dressing Diced Pears Orange Juice BBQ Sauce Ketchup Corn Muffin Choice of Milk	BAGEL DOG French Fries Whole Kernel Corn Fresh Apple Ketchup (2) Mustard Choice of Milk	CHEESE PIZZA Romaine Lettuce Celery Sticks Light Ranch Dressing Diced Peaches Blended Fruit Juice Choice of Milk
January 23, 2017	January 24, 2017	January 25, 2017	January 26, 2017	January 27, 2017
CHICKEN NUGGETS WITH POTATO ROUNDS Whole Kernel Corn Orange Juice Diced Pears BBQ Sauce Ketchup Snickerdoodle Cookie Choice of Milk	WAGON WHEEL PASTA W/MEATSAUCE Breadstick Italian Mixed Vegetables Applesauce Cup Blended Fruit Juice Choice of Milk	PEPPERONI PIZZA Romaine Lettuce Cucumbers Light Ranch Dressing Fresh Banana Pineapple Tidbits Choice of Milk	BBQ CHICKEN WRAP Maple Baked Beans Fresh Broccoli Light Ranch Dressing Fresh Apple Choice of Milk	NO SCHOOL
January 30, 2017	January 31, 2017	February 1, 2017	February 2, 2017	February 3, 2017
MEATLESS MONDAY** CHEESE PIZZA Mixed Vegetables Mixed Fruit Cup Orange Juice Choice of Milk	*TRY IT TUESDAY! CHICKEN TENDERS WITH POTATO WEDGES Broccoli W/Cheese Sauce Fresh Baby Carrots Light Ranch Dressing Blended Fruit Juice Pineapple Tidbits BBQ Sauce Ketchup Vanilla Cookie Choice of Milk			

**** ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK.

*** MENU SUBJECT TO CHANGE.

*** This institution is an equal opportunity provider.

Help us make your food better!

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